

Milk Drunk Diary is a leading parent blog, documenting the giggles and gripes of parenthood! We cover product reviews, family travel, opinion pieces, celebrity interviews, and issues important to working Mums and new parents.



## ABOUT ME

Sophia is the editor of Milk Drunk Diary, published author of '*The First-Time Parent: Six Months on the Outside*' and contributor to the Huffington Post UK.



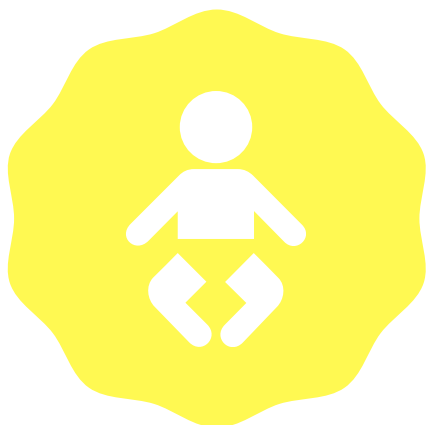
## WORKING WITH BRANDS

We've worked with brands on product reviews, sponsored posts and promoted tweets, including; Marks & Spencer, Silver Cross, Fontainebleau Hotel, SMA Milk and Penguin Books.



## IN THE PRESS

We've featured in the **Mail Online** and **Daily Mirror**. We have also been nominated in the 'UK Blog Awards' and 'MAD Blog Awards'.



## OUR FOLLOWERS

We have a cumulative audience of 25k followers across the blog and social media. They are predominantly UK based, female and have a high disposable income.



Find us @MilkDrunkDiary

15,000 followers



7,000 followers



780 likes



We'd love to hear from you - get in touch at  
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